



Government of Jammu & Kashmir, India
OFFICE OF THE PROGRAMME OFFICER, NSS UNIT
GOVT. GENERAL ZORAWAR SINGH MEMORIAL DEGREE COLLEGE REASI

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-NOTIFICATION-

It is for the information of all the students of the college and NSS volunteers that the NSS Unit of the College is going to organize different activities to celebrate "International Yoga Day-2023" in collaboration with NCC & Sports Department of the college under the banner of G-20 as per the below mentioned Action Plan. In this regard, all the interested candidates are requested to submit their names to Prof. Ajay Kumar on or before 12th of June, 2023: *(Send entries through WhatsApp:- 9797381451)*

S.No.	Name of the Activity	Date of Activity	No. of Participants
1	Lecture on Yoga Awareness	12/06/2023	50
2	Yoga Camp	13/06/23 to 17/06/23	50
3	Poster Making Competition	16/06/2023	20
4	Online Yoga Asanas Demonstration Competition	17/06/2023	20
5	Pledge Taking Ceremony	20/06/2023	100
6	Group Yoga Demonstration Competition	21/06/2023	24-30
7	Mass Yoga Display	21/06/2023	150 (50 NSS + 25 NCC + 25 Sports +50 Others)

Note:

1. Refreshment will be provided during the camp/ activities under rules.
2. *Entries will be accepted on first-cum-first serve basis.*



(PROF. AJAY KUMAR)
NSS PROGRAMME OFFICER

NOT ME BUT YOU